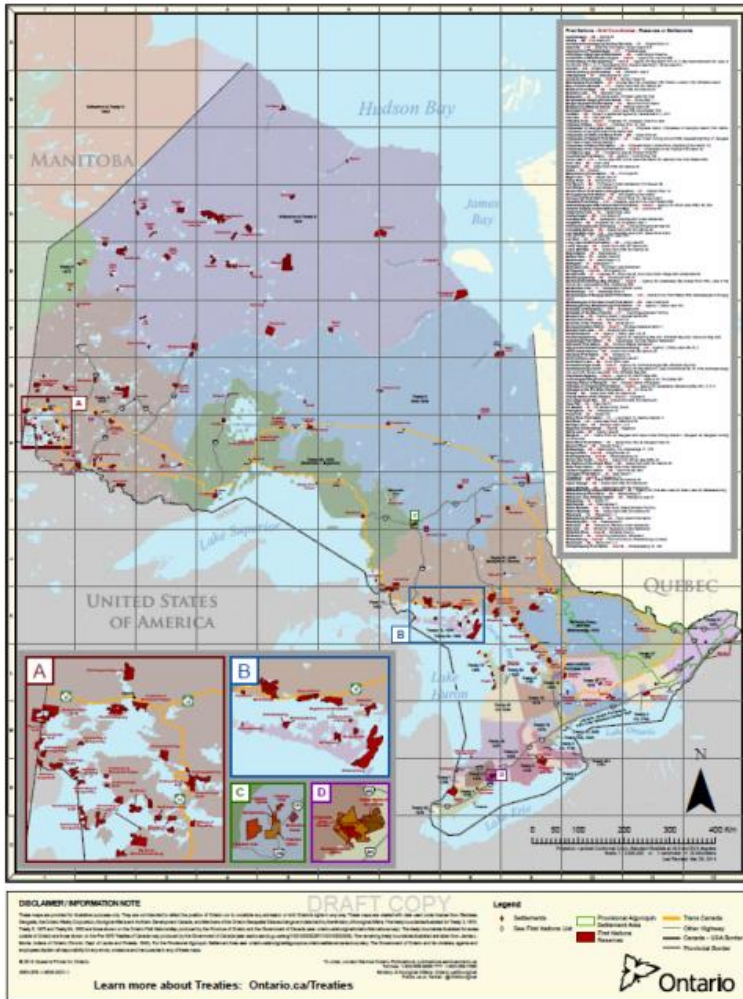


Yes, I can! Paying Attention to Well-Being in the Mathematics Classroom

RMS VIRTUAL LEARNING SESSIONS

FIRST NATIONS AND TREATIES



Recognizing Traditional Territories

In Today's Session

Using the new Capacity-Building e-monograph, “*Yes, I can!*”, we will explore **concrete examples** of how to pay attention to **achievement and well-being** at the same time by focusing on the **student at the centre** of the experience.



Minds On

Watch the video.

<https://www.youtube.com/watch?v=7snnRaC4t5c>

On the Padlet, share your ideas related to:

Key ideas that resonate with you from this clip.

Any questions that come to mind.

- Click inside the appropriate box, then add your comment.
- Feel free to add your own sticky!

Guided Tour

Scan the following sections of the monograph:

- Introduction
- Graphic on page 3
- Practical Tips
- Nurturing Well-being in the Math Classroom
- Inspiring Stories
- Fostering a Supportive Learning Environment
- Resources

Vision of the Mathematics Learner



Inspiring Stories and Tips

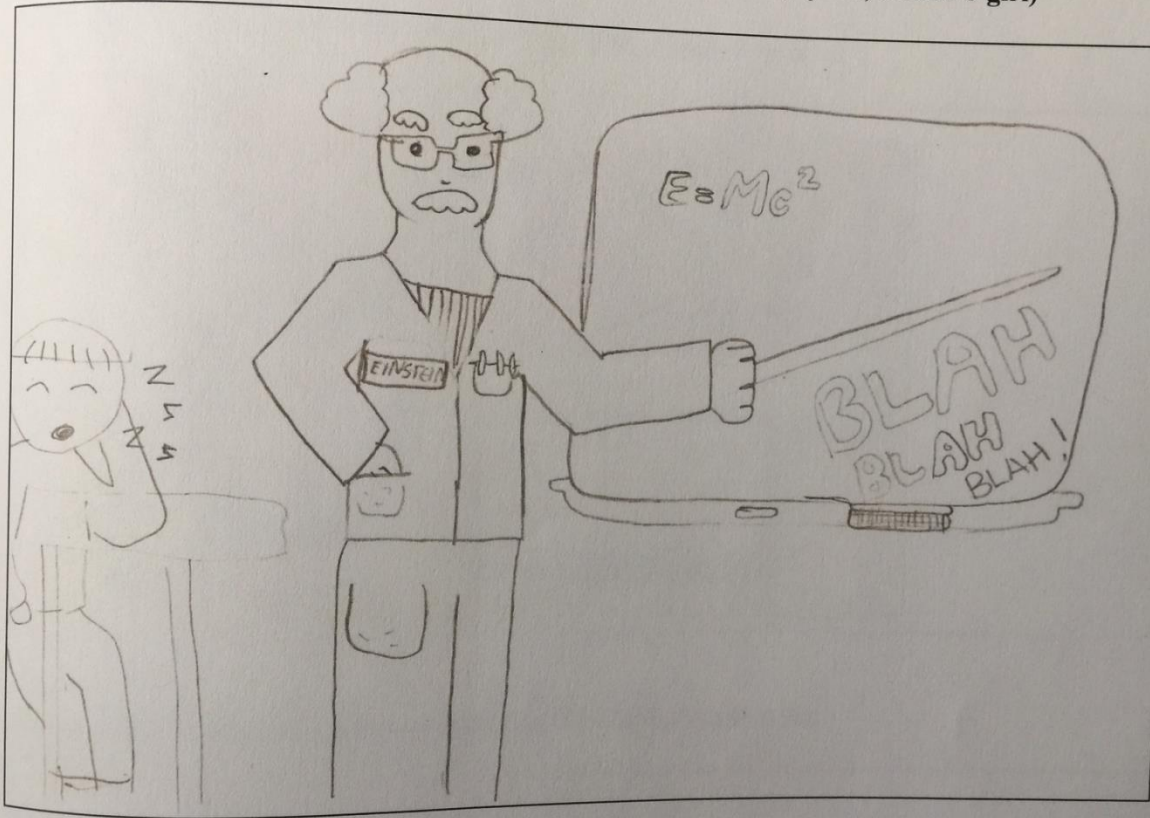
How can you use the **Inspiring Stories** and tips in the monograph to encourage thinking about the connections between mathematics and well-being?

Choose one of the **Inspiring Stories** - p. 5, 6 or 7 to review. In the [Google Doc](#), identify 1 key idea, 1 tip that resonates with you and 1 action you could take after reading this story.



Examining Bias

Drawing #1: 'Einstein-type teacher with a sleeping student' (by D2, Grade 8 girl)



“Math class is tough”

(Teen Talk Barbie, 1992)



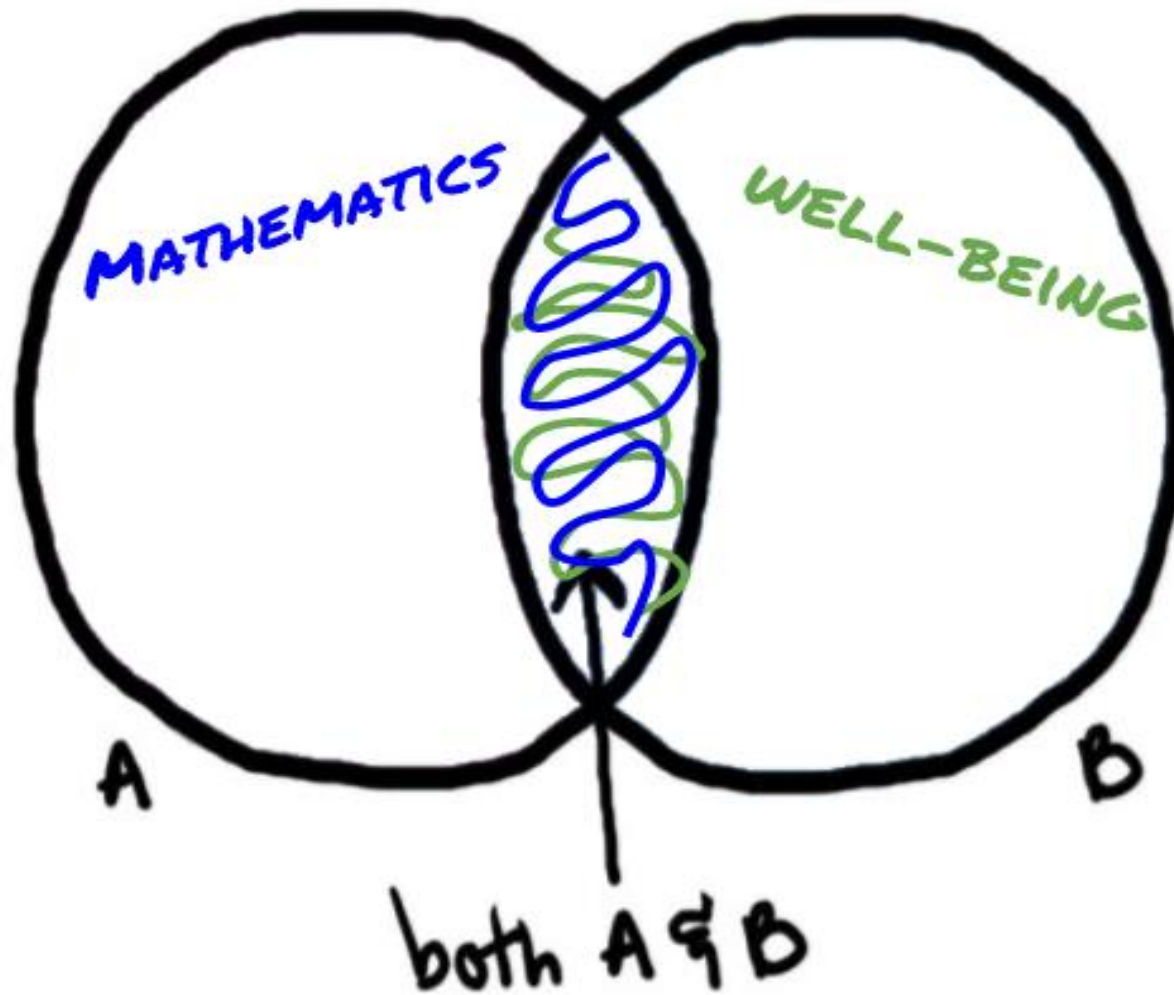
Inspiring Stories and Tips

Chat Pod A: Write about potential biases connected to mathematics.

Chat Pod B: Write about potential biases connected to well-being.



Looking at the Intersection



Reducing **Math Anxiety** and Fostering a **Supportive Math Learning Environment**

- Read the tips that are offered on page 4 or page 8 of the monograph.
- Choose one of the lists and see if you can think of any more tips that could be added? Add those to the google doc.

Exploring the References

- Check out the References at the end of the monograph
- Select one of the references with a hyperlink
- Click on it and dig a little deeper to learn more about this source
- Record an idea or two in the Google doc.
What did you learn?

Wrap up and Sharing

In the chat pods, please share your ideas on:

- How will you use this monograph to support your instruction and your students' learning and well-being?
- What other questions or reflections do you have?

THANK YOU

Please let us know about your experience in this session with this feedback form.

<http://bit.ly/rmsfb>